

SOGNDAL

Day excursions to Sogndal

SOGNDAL: Kayaking, hiking, biking and climbing with Sogndal Lodge & Guiding and Bre & Fjell mountain guides. Shopping centre and village with shops, restaurant and cafes.

KAUPANGER: The Heibergske Collections – Sogn Folkemuseum, Kaupanger Stave Church, farm visit Knaken, Indoor swimming pool & playland Vesterland. Sogn Fjord Museum.

SIGHTSEEING TOURS: Fjordcruise on the Unesco world heritage fjord Nærøyfjord, ferry Kaupanger – Gudvangen.

DEPARTURE ØVRE ÅRDAL

Dep. Øvre Årdal	07.082	11.38		🚌
Dep. Årdalstangen	07.25	11.55		
Arr. Sogndal	08.35	13.35		

Visit Sogndal

At1	Dep. Sogndal	14.30	15.30	17.10	🚌
	Arr. Årdalstangen	15.40	16.35	18.20	
	Arr. Øvre Årdal	15.57	16.52	18.37	

At2	Dep. Sogndal	14.25	1)	🚌
	Arr. Kaupanger	14.51		
	Dep. Kaupanger	15.00		🚤
	Arr. Gudvangen	17.30		
	Dep. Gudvangen	18.10	x	🚌
	Arr. Årdalstangen	20.05		
	Arr. Øvre Årdal	20.22		

DEPARTURE GUDVANGEN/FLÅM/AURLAND

Alt1	Dep. Gudvangen	11.23	x	🚌
	Dep. Flåm	11.45		
	Dep. Aurland	11.55		
	Arr. Sogndal	13.35		

Visit Sogndal

Dep. Sogndal	17.15		
Arr. Aurland	18.37		🚌
Arr. Flåm	18.50		
Arr. Gudvangen	19.07		

2.			
Dep. Sogndal	14.25	1)	🚌
Arr. Kaupanger	14.51		
Dep. Kaupanger	15.00		🚤
Arr. Gudvangen	17.30	1)	
Dep. Gudvangen	18.10	x	🚌
Arr. Flåm	18.30		
Arr. Aurland	18.43		

KAUPANGER


DEPARTURE FLÅM/AURLAND

Dep. Flåm	06.00	2)	
Dep. Aurland	06.15		
Arr. Leikanger	07.30		
Dep. Leikanger	08.00		
Dep. Hermansverk	08.05		
Arr. Sogndal	08.30		

Visit Sogndal


Dep. Sogndal	14.25	1)	
Arr. Kaupanger	14.51		
Dep. Kaupanger	15.00		
Arr. Gudvangen	17.30		
Dep. Gudvangen	18.10	x	
Arr. Flåm	18.30		
Arr. Aurland	18.43		

DEPARTURE VIK

Alt1 Dep. Vik	11.35		
Arr. Leikanger	12.20		
Dep. Leikanger	12.20		
Dep. Hermansverk	12.25		
Arr. Sogndal	12.50		


Visit Sogndal

Dep. Sogndal	16.00	4)	
Arr. Hermansverk	16.20		
Arr. Leikanger	16.25		
Dep. Leikanger	16.30		
Arr. Vik	17.10		



Alt2 Dep. Vik	06.30	07.15	09.40	
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Dep. Leikanger	07.20	08.15	10.50	
Dep. Hermansverk	07.25	08.20	10.55	
Arr. Sogndal	07.50	08.45	11.25	

Visit Sogndal


Dep. Sogndal	14.55	16.20	17.10	
Arr. Hermansverk	15.20	16.40	17.30	
Arr. Leikanger	15.25	16.45	17.35	
Arr. Vik	16.20	17.55	18.50	

DEPARTURE BALESTRAND

Alt1 Dep. Balestrand	08.30	3)	
Arr. Leikanger	09.00		
Dep. Leikanger	09.05		
Dep. Hermansverk	09.10		
Arr. Sogndal	09.35		


Visit Sogndal


Dep. Sogndal	16.00	4)	
Arr. Hermansverk	16.20		
Arr. Leikanger	16.25		
Dep. Leikanger	16.30		
Arr. Balestrand	16.55		


Alt2 Dep. Balestrand	06.30	10.05	
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Dep. Leikanger	07.20	10.50	
Dep. Hermansverk	07.25	10.55	
Arr. Sogndal	07.50	11.25	


Visit Sogndal

Dep. Sogndal	14.50	16.20	22.05	
Arr. Hermansverk	15.15	16.40	22.25	
Arr. Leikanger	15.20	16.45	22.30	
Arr. Balestrand	16.05	17.35	23.10	


Alt3 Dep. Balestrand	08.00	1)	
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Arr. Fjærland	09.40		
Dep. Fjærland	10.45	xx	
Arr. Sogndal	11.15		



Visit Sogndal

Dep. Sogndal	14.50	16.20	22.05	
Arr. Hermansverk	15.15	16.40	22.25	
Arr. Leikanger	15.20	16.45	22.30	
Arr. Balestrand	16.05	17.35	23.10	


DEPARTURE LAVIK

Dep. Lavik	10.20		
Arr. Leikanger	12.20		
Dep. Leikanger	12.20		
Arr. Sogndal	12.50		


Visit Sogndal

Dep. Sogndal	16.00		
Arr. Leikanger	16.30		
Dep. Leikanger	16.30		
Arr. Lavik	18.15		



DEPARTURE SKJOLDEN

Dep. Skjolden	06.15	10.35	4)	
Dep. Gaupne	06.55	11.10		
Dep. Marifjøra	06.58	11.15		
Dep. Hafslø	07.15	11.30		
Arr. Sogndal	07.45	12.00		



Visit Sogndal

Dep. Sogndal	13.45	17.10	
Arr. Hafslø	14.05	17.35	
Arr. Marifjøra	14.20	17.50	
Arr. Gaupne	14.25	18.00	
Arr. Skjolden	15.00	18.35	


DEPARTURE HØYANGER

Dep. Høyanger	09.15		
Arr. Sogndal	11.25		
Visit Sogndal			
Dep. Sogndal	16.20	22.05	
Arr. Høyanger	18.25	00.10	



DEPARTURE SOLVORN

Dep. Solvorn	08.35	13.50	
Arr. Sogndal	08.55	14.25	
Visit Sogndal			
Dep. Sogndal	11.40	17.10	
Arr. Solvorn	11.57	17.30	


DEPARTURE FJÆRLAND

Alt1 Dep. Fjærland	09.30	xx	10.45	xx	
Arr. Sogndal	10.00	11.15			



Alt2 Dep. Fjærland	09.45	1)	
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Arr. Balestrand	11.30		
Dep. Balestrand	11.55		
Arr. Leikanger	12.20		
Dep. Leikanger	12.20		
Arr. Sogndal	12.50		





Visit Sogndal

Dep. Sogndal	16.25	20.20			
Arr. Fjærland	16.50	xx	20.45	xx	


WE RECOMMEND:**VISIT KAUPANGER STAVE CHURCH**

Dep. Sogndal	08.40	2)	
Arr. Kaupanger kai	09.00		
Dep. Kaupanger kai	14.51	1)	
Arr. Sogndal	15.11		

CRUISE ON NÆRØY FJORD

Dep. Sogndal	08.40	2)	
Arr. Kaupanger kai	09.00		
Dep. Kaupanger kai	09.00		
Arr. Gudvangen	11.30		
Dep. Gudvangen	12.00		
Arr. Kaupanger kai	14.45		
Dep. Kaupanger kai	14.51		
Arr. Sogndal	15.11		

VISIT SOGN FOLKEMUSEUM

Dep. Sogndal	08.40	2)	10.15	11.30	12.35	2)	
Arr. Sogn Folk Museum	08.50	10.26	11.38	12.46			
Dep. Sogn Folk Museum	13.23	14.23	14.55	16.15			
Arr. Sogndal	13.35	14.35	15.11	16.31			

- 1) Only 1/6-31/8 x Busstop, main road E16
- 2) Only 19/6-18/8 xx Busstop, main road by Glacier
- 3) Only 20/6-19/8 Centre
- 4) Only 19/6-3/9

DEPARTURE LÆRDAL

Dep. Lærdal	07.45	12.45	🚌
Arr. Sogndal	08.35	13.55	

Visit Sogndal

Alt1 Dep. Sogndal	14.30	17.10	🚢
Arr. Lærdal	15.25	18.05	
Alt2 Dep. Sogndal	14.25 1)		🚌
Arr. Kaupanger	14.51		
Dep. Kaupanger	15.00		🚢
Arr. Gudvangen	17.30		
Dep. Gudvangen	18.10 x		🚌
Arr. Lærdal	19.20		

BOAT ON NÆRØY FJORD/BUS (1/6-31/8)

Dep. Aurland	09.15	🚌
Dep. Flåm	09.30	
Arr. Gudvangen	09.45 x	
Dep. Gudvangen	12.00	🚢
Arr. Kaupanger	14.45	
Dep. Kaupanger	14.51 1)	🚌
Arr. Sogndal	15.11	
Visit Sogndal		
Dep. Sogndal	17.15	🚌
Arr. Aurland	18.37	
Arr. Flåm	18.50	
Arr. Gudvangen	19.07 x	

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TRAVEL INFO

For a day excursion to Sogndal you can take a bus from many places along the Sognefjord. Sogndal is the travel communication hub for buses. It is the main shopping centre in Sognefjord. Sogndal municipality also includes Kaupanger and Fjærland. You can easily visit the Sogn Folkemuseum at Kaupanger by bus, see separate schedule. Also you can take a day excursion on the UNESCO Nærøyfjord with a ferry from Kaupanger to Gudvangen and return, see separate schedule.

HIKING TIP

There are various opportunities for walks and hikes around Sogndal and the Sogndal valley. Hiking map at the tourist office in Sogndal. An easy walk from Sogndal centre is to walk to the Stedje Church up on the hill from the Stedje road, on the main road to Leikanger (5 km, 3 hours walk).